



# **2025 Highlights and Annual Reports**

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**Est. 1998**

**Serving Women and families in need**

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# Table of Contents

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**A Word from Our Director**

**2025 Highlights, Challenges, and Growth**

**Our Mission**

**Our Services**

**Reflections**

**2025 Gala**

**2025 Client Statistics**

**Thank You's**

**2025 Income Statistics**

**Our Team, Volunteers, and Board of Directors**

**Adopt the Clinic**

**Save the Date!**



**Can't get enough of  
beautiful baby  
Grace with  
Nurse Barb!**

# A word from our Director



**“Act and God will act, work and He will work.”  
– St. Joan of Arc**

My biggest takeaway from year 5 of being the Director of YOUR local pro-life pregnancy clinic is this: that we finally have a mission and vision that embodies what I believe are our core convictions.

To refresh; Our mission is to offer compassionate care and material support to women and families before, during, and after pregnancy, no matter the circumstances and our vision is to affirm the intrinsic value of both mother and child by connecting women with the resources they need to choose life.

Simple. Straightforward.

Our previous mission was a sound one, a justified one. But we began to see, over these last 5 years, a not-so-subtle change in who our clients were and why they sought care from us.

Our former mission statement was not inaccurate. We were (and are!) dedicated to serving with compassion and dignity the immediate and long-term needs of those facing unplanned pregnancies.

And it is still one of our goals to empower those we serve to make healthy lifestyle choices.

But we are so much more than that. And so much more focused on a distinct need, no demand, for more. And I do not mean more “services.” Quite the opposite.

## A word from our Director Cont'd

What our clients showed us was a need to refocus, clarify our vocation, name our intention, and perfect our protocol. So, we did.

Our priority is affirming the intrinsic value of life, born and unborn, mentoring young women to recognize their own inherent value as human beings, worthy of love and honor, and safeguarding the sanctity of the family.

We know that everything else will fall into its proper place beyond those successes.

So back to my original observation, I love our mission and vision and thank YOU, for securing it as viable and within reach again as we move forward.

# 2025 Highlights, Challenges and Growth

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**Highlight:** Our 2025 Gala set a record as being our highest grossing event in Next Step history! As our one event it brought in a whopping \$190k for our mission.

**Challenge:** One of our team members needed to step down to once a week as a volunteer. Not only do we miss her terribly, her kindness and work ethic are unmatched, but the nearly 20% of Ukrainian families miss her too!

**Growth:** Our Grief Care Cases **more than tripled** in one year and with the introduction of the Forget-Me-Not and Held in Hope boxes in 2023 we went from 2 to 22 more women and families given just a little more tangible support during their time of loss.

# Our Mission and Vision

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## Next Step Pregnancy Services Mission and Vision Statement

**Our mission** is to offer compassionate care and material support to women and families before, during, and after pregnancy, no matter the circumstances.

**Our vision** is to affirm the intrinsic value of both mother and child by connecting women with the resources they need to choose life.



# Our Services now and coming soon!

“The measure of love is to love without measure.”  
~ Bishop Fulton Sheen

## **Now....**

- ❖ Medical Grade Pregnancy Testing
- ❖ Early pregnancy support and education
- ❖ Early diagnostic ultrasounds
- ❖ STI/STD Testing and Treatment
- ❖ Abortion Pill Reversal Wrap-around-Care
- ❖ Grief Care Support and Initial Counsel
- ❖ Maternity, Newborn, and Toddler Supplies
- ❖ Community Support Services and Programs

## **In the Works for 2026....**

- ❖ Partnering with Life Advancement Group
- ❖ Cycle-tracking Support (FEMM)

## **Future Hopes....**

- ❖ More comprehensive Post-Abortive Care
- ❖ IUD Removal
- ❖ Fatherhood Program
- ❖ Abstinence Program



Our Formidable Nurse Team!



# Reflections

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As I reflect on the past year, I would like to share some of the highs and lows. It was a joy to see some “repeat clients” as they purposely grew their families. It is sweet to see babies and toddlers who I first saw on ultrasound when the miracle of life was so new, and sweeter yet to see how successful some young couples are at parenting together. Even if at first the pregnancy itself seemed a daunting challenge.

In some cases, seeing repeat clients meant being able to celebrate the miracle of a successful first birth, having walked with them through their losses with miscarriage and/or stillbirths previously.

Another joy was our earliest ever APR (Abortion Pill Reversal) success. We saw a woman at 5 weeks gestation who having started on the progesterone protocol very early made it through her first trimester. Glory to God! And there is the joy of having a handful of clients choose life when they are scared and uncertain they could manage having a child.

And then the lows. They remind me that we are all still living in a fallen world.

Too many 13-, 14-, and 15-year-olds who have not been taught or treated to God’s loving plan for families through marriage. Too many 20- and 30-year-olds too. It is tragic and difficult to see the pain that comes from entering into a sexual relationship before one is ready – emotionally, physically, and spiritually. I am thankful they choose to come here, and receive for at least a short time, care that lets them know they are more than the sum of their body parts. But there is much more work to be done.

And so, I thank you for continuing to partner with us so we can work to reach even more women and families this year.

~ **Barbara Millett RN, Nurse Manager**

# A word from our Medical Director

The year 2025 ended with new life in my family! In June, I remember casually being handed an ultrasound printout from my brother and reviewing it in the manner I normally read scans for Next Step. I blinked twice, looked at my brother, then to his wife, and back again in disbelief. My eyes became wide, exclaiming "There's two? There's two! There's TWO BABIES!" And thus, the family excitement and preparation for twins was underway.

Reflecting on my elation, I think of the clients we have served in the clinic, who have been notified they are carrying twins from Barb's ultrasound. Instead of joy, some have experienced fear, terror, overwhelm and disbelief at the initial realization they are pregnant, but also carrying multiple lives. Sadly, some of these women have chosen to end the lives of their twins. Having the knowledge this is a reality in our small corner of the world strengthens my commitment to support moms and their families in caring for these precious lives and compassion for their unimaginable circumstances.

The twins arrived just before Christmas, naturally and healthy, a boy and a girl! Their aunt is ever grateful for these miracles and the miracles of our clients whom we serve.

~ **Stephanie Stoke MD**



# Gala 2025



# Gala Contd



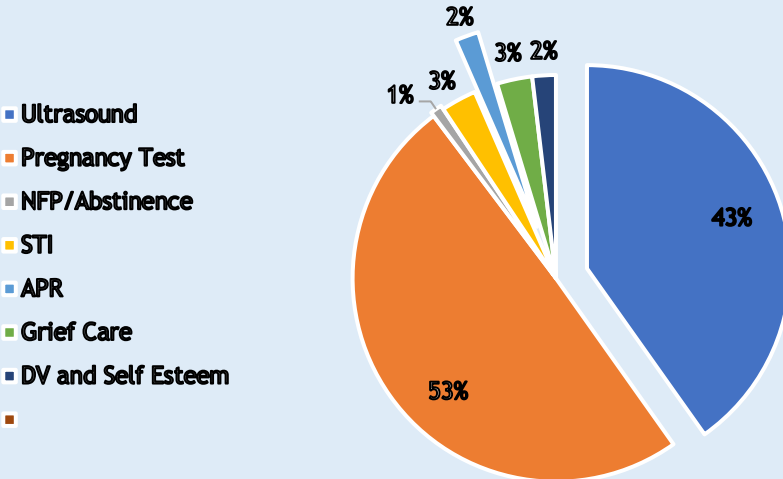
# Client Statistics



- ❖ 31.5% of our ultrasound appointments were high school age clients.
- ❖ 21.15% of our ultrasound clients were considered abortion vulnerable and undecided at initial contact.
- ❖ 25% of our ultrasound clients spoke a language other than English.
- ❖ 42% of our ultrasound clients came to the appointment without the father of the baby present.
- ❖ 20% of clients receiving STI testing were under the age of 20.
- ❖ 20% of clients coming in for baby supplies were under the age of 20.

\*The smaller pieces of the services pie represent concepts and counsel shared in client appointments either before or after initial pregnancy testing. \*

## Medical Services



# Thank You's

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Thanks to the following churches and organizations that made 2025 such a blessing and enabled Next Step to serve well:

- ❖ Abundant Life Ministries gifts, prayers, and sponsorships
- ❖ Anchor Church for Giving Tree Gifts and Contacts
- ❖ Beresford Booth
- ❖ Biella Foundation / Glimmer Glass Photography
- ❖ Binky Patrol and Maple Park Quilters
- ❖ Blessed Sacrament Bottle Campaign
- ❖ Cedar Park Christian Lynnwood Giving Tree Gifts
- ❖ Edmonds Food Bank and Lions Clothes for Kids
- ❖ Holy Rosary Bottle Campaign and Gala Hosting
- ❖ Maplewood Foundation Diaper Bags and Gifts
- ❖ North American Martyrs Bottle Campaign and Gifts
- ❖ Respect Life at St. Al's, St. Brendan, and HolyRosary!
- ❖ Sacred Heart Radio
- ❖ Seattle Archdiocese / Rice Bowl Formula Grant
- ❖ Seven Weeks' Coffee
- ❖ St. Alphonsus Bottle Campaign / Giving Tree Gifts
- ❖ St. Brendan Bottle Campaign and KOC 6686
- ❖ St. Luke and Christ the King Bottle Campaign
- ❖ St. Mark Giving Tree Gifts
- ❖ St. Thomas More Bottle Campaign KOC 5816



# Income Statistics

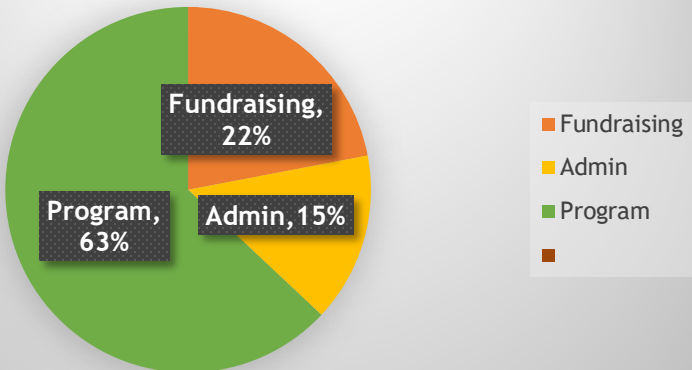
In 2025, thanks to your generosity and fierce defense of life, Next Step raised a total of **\$640,138**

- ❖ **New Commitment Donors: 18 (New Record!!!)**
- ❖ **First Time Donors: 132**
- ❖ **New churches and organizations: 3**

**Here are some important numbers.....**

- ❖ Corporate Contributions: **\$8,947**
- ❖ Corporate/Employer Matching: **\$38,456**
- ❖ Commitment Donors: **\$68,242**
- ❖ Individual Donors: **\$92,189**
- ❖ Baby Bottle Campaigns: **\$44,662**
- ❖ Gala Event: **\$190,644**
- ❖ Knights of Columbus: **\$54,433**
- ❖ Grants: **\$16,545**
- ❖ Public and Church Parish Support: **\$12,560**
- ❖ Year End Gifts: **\$113,460**

## Cost Breakdown



**\*Based on total Functional Expenses and not including Payroll**

# **Our Team, Volunteers, and Governing Board**

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## **Our Team**

From L-R Nancy Tribble, Marta Matos, Halyna Naumenko, Heather Vasquez, Barb Millett RN, Carrie Hill RN, Stephanie Stoke MD

## **Our Volunteers**

Beth, Kristie, Sherri and Steve, Deborah, Rebekah, Colleen, Paulina, Rhonda, Linda, Scarlett, Kevin and Denise Mullins, and Elizabeth RN

## **Our Board**

Marilyn Thornton, Nicole Forman, Keleigh Muzaffar, Julianna D'Angelo, Kim Cummins, Steve King, Byron Meseroll, and Katie Teschner

# Adopt the Clinic!

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Baby Sadie

## **A new way to support Next Step!**

Have you ever wondered what it takes to run a pregnancy clinic for just one day? Is there a loved one who has passed on whose legacy you'd like to celebrate in a very special way?

Back by popular demand! Be a part of this group of Kindred Spirits who have committed to partnering with Next Step in a remarkable way. Be it monthly, quarterly, or annually – choose a notable day to provide needed funds to keep Next Step vibrant and prospering.

On this special day Next Step would be honored to highlight you and yours as a Kindred Spirit of the Next Step Mission!

Want to learn more?

Email [heather@nextstepnw.com](mailto:heather@nextstepnw.com) or call (425) 329-4569 or simply write Kindred Spirits, the noted date and honoree name on your check or in the comment section when setting up online at [nssupport.org/donation](http://nssupport.org/donation)

# Save the Date!

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**Evie West**

Please make plans to join us again for  
our Next Step annual Gala!

When: **Saturday September 19<sup>th</sup>**

Where: To be determined

Details coming in May!

Joining us this year is Police Officer Evie West, former L.A. gang member and two-time teen mother who was faced with the decision to terminate her second unborn son.

Through God's amazing grace, a story of intrigue, tough love, and miracles, Evie's life is now a passionate picture of redemption and abundant life.

